

Brian Masat

Therapist



SPOUSE: Stephenie (married 11 yrs)

CHILDREN: Zoey (9) Gemma (8)

HOBBIES: Board Games, Beekeeping

GET IN TOUCH

I am currently practicing with
Crossroads Counseling Centers

Phone: (636) 486-6461

Email: brian.masat@stl-ccc.org

INSURANCE

United Healthcare (Optum)

Aetna

HELLO!

I am a Licensed Professional Counselor (LPC). My training comes from Covenant Seminary, where I earned my master's degree in counseling in 2020. I specialize in helping individuals cope with life's changes and challenges, providing support and guidance to find hope in tough times and navigate personal journeys.

BACKGROUND

I have experience working with people dealing with problems like addiction, anxiety, and depression. I also help couples and individuals experiencing relationship issues find healing and hope. I'm passionate about helping individuals discover who they were made to be and how to thrive through difficult circumstances.

SERVING

I serve individuals, couples & families